



GHANA COLLEGE OF PHARMACISTS
APPLICATION FORM FOR WORKSHOP

**GHANA COLLEGE OF PHARMACISTS
CONTINUOUS DEVELOPMENT PROGRAMME
ONE WEEK COURSE ON DIABETES AND ITS MANAGEMENT**

1. Background

Diabetes is known to be one of the major non-communicable diseases plaguing a large number of people in the world today. Large numbers remain undiagnosed or are inadequately controlled.

Early detection and management is known to lead to avoidance of attendant complications whereas late detection and ineffective management leads to complications and death.

Community Pharmacists are known to be a major point of call for diabetic patients needing medication re-fill and counseling. Community Pharmacists are also in a position to identify persons at risk from their medication history and lifestyle choices.

The provision of skills to particularly Community Pharmacists and easy accessibility to such facilities, position them to offer services that will contribute to a decrease in the burden of disease.

2. Purpose of the Course:

- a. The purpose of the course is to equip Community and Clinical Pharmacists with in-depth knowledge and skills to be able to manage and counsel known diabetic patients and those at risk.
- b. The course will also ensure that trainees are adequately equipped to become “Diabetic Educators” and be certified as such.

3. Topics to be Discussed

- a. Understanding what diabetes is
 - Identifying Persons at Risk
 - Identifying Persons at Risk of Complication
- b. Progressive nature of Diabetes
- c. Complications of Diabetes and why they occur
- d. Diagnostic Criteria
 - Monitoring Glucose and beyond
- e. Acute Emergencies
- f. Insulinization and Antidiabetic medications
- g. Other Medications for Co-morbid conditions
- h. Side effects of antidiabetic medications
- i. Diet and Exercise

4. Mode of Delivery

The Course will be made up of



GHANA COLLEGE OF PHARMACISTS APPLICATION FORM FOR WORKSHOP

- a. A didactic training session with PowerPoint Presentations, case studies and group discussions and assignments.
- b. A practical session at the Korle Bu Polyclinic Diabetic Clinic Accra.
- c. Individual/Group projects to be undertaken and reported on during the second session of the Course.

5. Participation and Certification

The Course is open to all Community Pharmacists throughout the Country. Number of participants will be thirty (30) on first come first served basis.

Certificates of Participation will be awarded after the part one assessment and Certificate as a Certified Diabetic Educator awarded at the end of Part Two. This certificate will be renewable every two years when the holder would be expected to undergo update lectures or present publications or research conducted within the period.

6. Implementation

The Course will take a duration of five (5) full working days.

Session I will take place from November 21 – 25, 2016

Session II will take place from May 22 – 26, 2017

The venue is the Ghana College of Pharmacists offices on Dr. Hutton Mills Street, Zoti, Laterbiokorshie, Accra, Tel: 0303967737, email; gcpharm2@gmail.com

Interested persons should register at the College offices and pay the fees on or before 10th November 2016

7. Fees/Charges

It is estimated that each candidate will pay an all Inclusive fee of **Eight Hundred Ghana Cedis (GHC800)** per session to cover handouts, Tuition, lunch and Snacks, Certificate and other conference logistics.

8. Expected Outcomes

It is expected that at the end of the programme the certified diabetic educator will have sharpened skills to perform the following functions.

- a. Detect the untreated population and refer for thorough medical assessment at an agreed health facility.
- b. Monitor patients on treatment to achieve set targets of fasting, glyrated and post prandial blood sugars
- c. Educate patients on the disease conditions, the mechanism of action of medications, complications as a result of poor control and need for adherence.
- d. Educate on diet and exercise.



**GHANA COLLEGE OF PHARMACISTS
APPLICATION FORM FOR WORKSHOP**

- e. Provide complete set of medications and devices needed to administer the medicines.
- f. Demonstrate knowledge of all devices and the different types of insulin
- g. Perform regular outreach/community engagements.

BEN BOTWE (*FPCPharm., FGCPPharm.*)Ag. Rector

APPLICATION FORM FOR DIABETES WORKSHOP			
SURNAME NAME	FIRST NAME	MIDDLE NAME	MAIDEN NAME (where applicable)
DATE OF BIRTH	AGE	SEX	
		MALE	FEMALE
RESIDENTIAL ADDRESS		POSTAL ADDRESS, (including telephone and email)	
PLACE OF WORK AND ADDRESS	DEPARTMENT		
PHARMACIST REGISTRATION NUMBER			
SIGNATURE OF APPLICANT	DATE OF SUBMISSION		